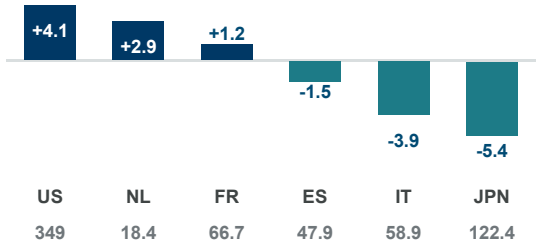
Demographic and Risk Factor Projections from 2026-2035 by Country

Demographics and risk factors change over time: 2026 starting position and change to 2035, by country

Total population

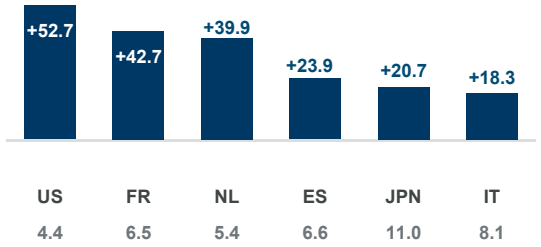
change 2026 to 2035 (%)



2026 (m)

Population aged 80+

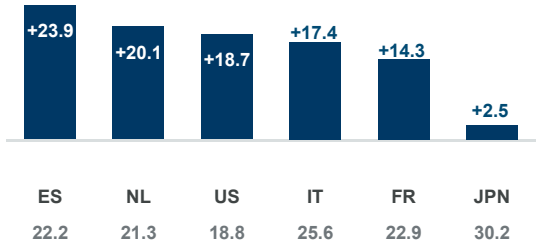
change 2026 to 2035 (%)



2026 (%)

Population aged 65+

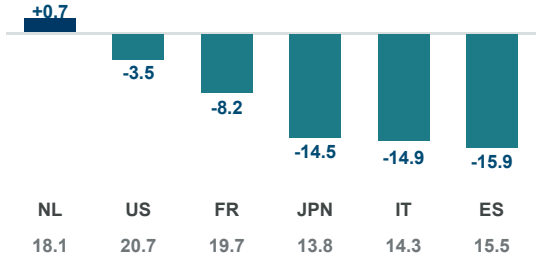
change 2026 to 2035 (%)



2026 (%)

Children aged 0–17

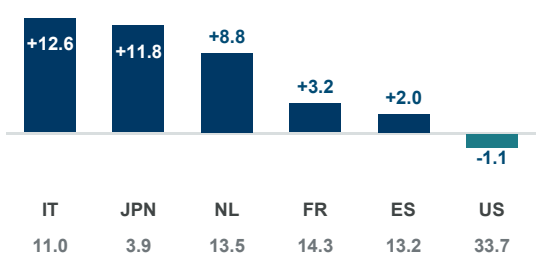
change 2026 to 2035 (%)



2026 (%)

Obesity

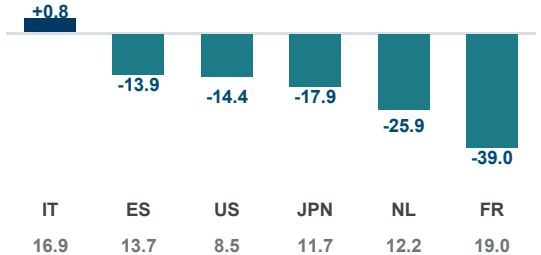
change 2026 to 2035 (%)



2026 (%)

Current smoking

change 2026 to 2035 (%)



2026 (%)

Increase to 2035 **Decrease to 2035**

Bar length shows change. Grey figures show the 2026 starting level.

Key takeaways

Population growth is uneven

The US (+4.1%) and Netherlands (+2.9%) grow fastest. Japan (−5.4%) and Italy (−3.9%) decline.

Ageing is fastest where the population is youngest

The US has the smallest 80+ share today (4.4%) and the fastest growth by 2035 (+52.7%).

Proportion of children declines in five countries

Five of six countries shrink their 0–17 population. Only the Netherlands grows (+0.7%).

Risk factors move in opposite directions

Smoking falls in six countries, led by France (−39.0%). Obesity rises in five, led by Italy (+12.6%).

Demographic change shows growth in each age group. Risk factors show relative change in prevalence.